

Energy & Sustainability Report

Proposed Strategic Housing Development,
Former Player Wills site and undeveloped land owned by Dublin City Council,
South Circular Road,
Dublin 8

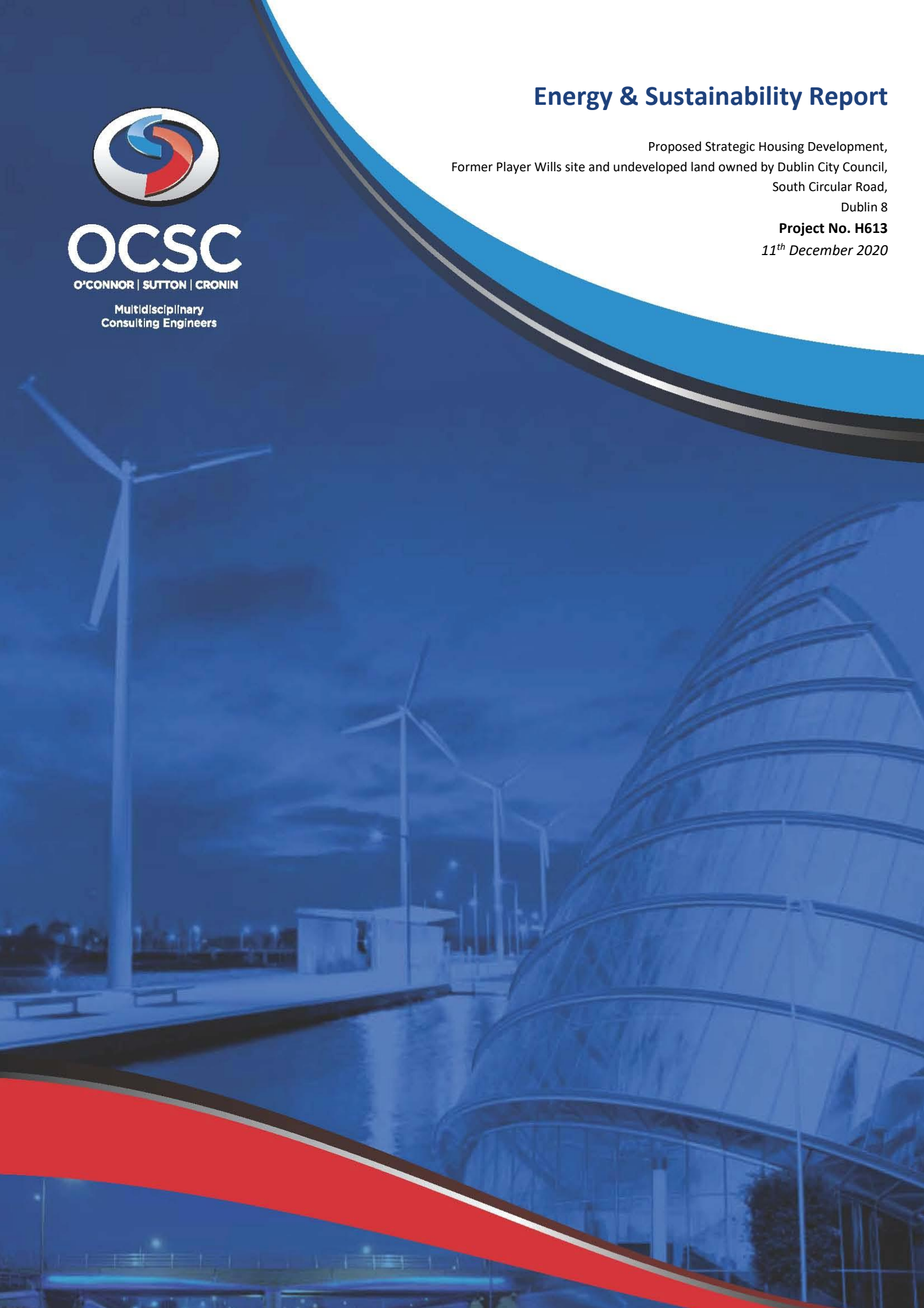
Project No. H613
11th December 2020



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Consulting Engineers



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EXECUTIVE SUMMARY

This document provides an overview of how the project intends to integrate sustainability as a key strategy into the building's design. The report focuses on the performance targets required by the Building Regulations Part L – Conservation of Fuel and Energy and what energy measures are needed to ensure compliance. Furthermore, a Building Energy Rating (BER) of A2/A3 has been targeted throughout.

The following document sets out the energy design approach that requires the design to initially focus on an energy demand reduction. This will primarily be through passive strategies such as an energy efficient envelope which in turn reduces the demand relating to items such as HVAC and renewable energy systems. This initial approach in reducing the energy demand significantly aids the project in obtaining the desired energy goals while reducing running costs. Performance criteria relating to the development's building envelope are set out within the document.

The energy systems design must also focus on specifying energy efficient equipment to ensure the day to day running of the energy systems are optimised to further enhance energy savings and the related energy cost. Specifications relating to efficient heating, cooling, lighting and auxiliary equipment are also set out in this document.

This report confirms that if the energy and sustainability strategy is successfully implemented, the proposed Player Wills Phase 2 Development will achieve all energy and sustainability targets.

ENERGY & SUSTAINABILITY REPORT

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1. INTRODUCTION

The intention of this report is to identify the energy efficiency measures associated with the design, construction, ongoing management and maintenance of the proposed Player Wills Phase 2 Development located at South Circular Road, Dublin 8.

The proposed development will comply with Part L 2019 (NZEB) for residential and Part L 2017 (NZEB) for non-residential. As part of the development's efforts to further reduce energy consumption, the project is targeting an A2/A3 BER (Building Energy Rating). Extensive work has been carried out to develop a balanced design approach to achieve these onerous targets with a number of sustainable features being incorporated into the design from the early stages.

Residential Energy Performance Targets		
Standard / Rating	Mandatory	Target
Part L Residential	Yes	2019 (NZEB)
BER Residential	Yes	A2/A3

Table 1 – Residential Energy Performance Targets

Non-Residential Energy Performance Targets		
Standard / Rating	Mandatory	Target
Part L Non-residential	Yes	2017 (NZEB)
BER Non-residential	Yes	A3

Table 2 – Non-Residential Energy Performance Targets

The following sections identify a range of energy efficient measures that have been considered for the proposed Player Wills Phase 2 Development.

2. PROPOSED DEVELOPMENT

DBTR-SCR1 Fund, a Sub-Fund of the CWTC Multi Family ICAV intend to apply to An Bord Pleanála for permission for a mixed-use Build to Rent Strategic Housing Development at the former 'Player Wills' site (2.39 hectares) and adjoining lands (0.67 hectares) under the control of Dublin City Council. A public park, public road and works to South Circular Road and to facilitate connections to municipal services at Donore Avenue are proposed on the Dublin City Council land. The former 'Player Wills' site incorporates Eircode's: D08 T6DC, D08 PW25, D08 X7F8 and D08 EK00 and has frontage onto South Circular Road, St. Catherine's Avenue and Donore Avenue, Dublin 8. The Dublin City Council undeveloped land adjoins the former 'Player Wills' site to the west and the former 'Bailey Gibson' site to the east. The total area of the proposed development site is 3.06 hectares. The total area of the proposed development site is 3.06 hectares.

The design rationale is to create and deliver a high quality, sustainable, residential led mixed use strategic housing development within this inner city brownfield site which respects its setting and maximises the site's natural attributes while achieving maximum efficiency of existing infrastructure. The Proposed Site Layout is illustrated on Drawing No. PL0003 contained within the architectural suite of drawings.

The development will consist of;

- i. the demolition of all buildings (15,454 sq.m GFA), excluding the original fabric of the former Player Wills Factory, to provide for the development of a mixed use (residential, community, arts and culture, creche, food and beverage and retail) scheme comprising predominantly build to rent apartment dwellings (492 no.) together with a significantly lesser quantity of single occupancy shared accommodation private living areas (240 no.), with an average private living floor area of 24.6 sq.m (double the minimum private living space size required for single occupancy shared accommodation) and a arts/culture/community hub within the repurposed ground floor of the former factory building;
- ii. change of use, refurbishment, modifications and alterations to the former Player Wills Factory building (PW1) to include the removal of 1 no. later addition storey (existing 4th storey) and the later addition rear (northern) extension, retention and modification of 3 no. existing storeys and addition of 2 no. storeys set back on the building's south, east and west elevations with an 8-storey projection (max. height 32.53m) on the north eastern corner,

with a cumulative gross floor area of 17,630 sq.m including ancillary uses, comprising;

- a. at ground floor 852 sq.m of floor space dedicated to community, arts and cultural and exhibition space together with artist and photography studios (Class 1 and Class 10 Use), 503 sq.m of retail floor space (Class 1 Use), 994 sq.m of café/bar/restaurant floor space, 217 sq.m of co-working office floor space (Class 3 Use) and ancillary floor space for welfare facilities, waste management and storage;
 - b. 240 no. single occupancy shared accommodation private living areas, distributed over levels 1-4, including 2 no. rooms of 30 sq.m, 49 no. rooms of 25 sq.m; 14 no. rooms of 23 sq.m, 58 no. rooms of 22.5 sq.m, 8 no. rooms of 20 sq.m, 104 no. rooms of 19 sq.m and 5 no. disabled access (Part M) rooms (3 no. 32 sq.m and 2 no. 26 sq.m); 21 no. kitchen/dining areas, and, 835 sq.m of dedicated shared accommodation services, amenities and facilities distributed across levels 1-4, to accommodate uses including lounge areas, entertainment (games) area, 2 no. external terraces (Level 03 and 04), laundry facilities, welfare facilities and waste storage;
 - c. 47 no. build-to rent apartments distributed across levels 1-7 including 12 no. studio apartments; 23 no. 1 bed apartments, 8 no. 2 bed apartments: and, 4 no. 3-bed apartments;
 - d. 1,588 sq.m of shared (build to rent and shared accommodation) services, amenities and facilities including at ground floor reception/lobby area, parcel room, 2 no. lounges and administration facilities; at Level 01 entertainment area, TV rooms, entertainment (games room), library, meeting room, business centre; at Level 02 gym and storage and at Level 07, a lounge area.
 - e. Provision of communal amenity outdoor space as follows; PW1 - 450 sq.m in the form of roof terraces dedicated to shared accommodation and 285 sq.m roof terrace for the proposed apartments .
 - f. a basement (190 sq.m) underlying the proposed 8-storey projection to the northeast of PW1 to accommodate plant.
- iii. the construction of 445 no. Build to Rent apartment units, with a cumulative gross floor area of 48,455 sq.m including ancillary uses distributed across 3 no. blocks (PW 2, 4 and 5) comprising;
- a. PW2 (45,556 sq.m gross floor area including ancillary uses) - 415 no. apartments in a block ranging in height from 2-19 storeys (max. height 63.05m), incorporating 16 no.

- studio units; 268 no. 1 bed apartments, 93 no. 2 bed apartments and 38 no. 3-bed apartments. At ground floor, 2 no. retail units (combined 198 sq.m) (Class 1 use), and a café/restaurant (142 sq.m). Tenant services, amenities and facilities (combined 673 sq.m) distributed across ground floor (lobby, mail room, co-working and lounge area), Level 06 (terrace access) and Level 17 (lounge). Provision of communal amenity open space including a courtyard of 1,123 sq.m and roof terraces of 1,535 sq.m
- b. Double basement to accommodate car parking, cycle parking, waste storage, general storage and plant.
 - c. PW4 (1,395 sq.m gross floor area including ancillary uses) - 9 no. apartments in a part 2-3 storey block (max. height 10.125m) comprising, 2 no. 2-bed duplex apartment units and 7 no. 3-bed triplex apartment units. Provision of communal amenity open space in the form of a courtyard 111 sq.m
 - d. PW5 (1,504 sq.m gross floor area including ancillary uses) - 21 no. apartments in a 4 storey block (max. height 13.30m) comprising 12 no. studio apartments, 1 no. 1-bed apartment, 5 no. 2-bed apartments, and 3 no. 3-bed apartments. Provision of communal amenity space in the form of a courtyard 167sq.m. Provision of communal amenity open space in the form of a courtyard 167 sq.m
- iv. the construction of a childcare facility (block PW4) with a gross floor area of 275 sq.m and associated external play area of 146 sq.m;
 - v. the provision of public open space with 2 no. permanent parks, 'Players Park' (3,960 sq.m) incorporating active and passive uses to the northwest of the former factory building on lands owned by Dublin City Council; 'St. Catherine's Park' (1,350 sq.m) a playground, to the north east of the Player Wills site adjacent to St. Catherine's National School. A temporary public park (1,158 sq.m) to the northeast of the site set aside for a future school extension. The existing courtyard (690 sq.m) in block PW1 (former factory building) to be retained and enhanced and a public plaza (320 sq.m) between proposed blocks PW and PW4.
 - vi. 903 no. long-stay bicycle parking spaces, with 861 no. spaces in the PW2 basement and 42 no. spaces at ground level in secure enclosures within blocks PW4 and PW5. 20 no. spaces reserved for non-residential uses and 110 no. short-stay visitor bicycle spaces provided at ground level.
 - vii. 4 no. dedicated pedestrian access points are proposed to maximise walking and cycling, 2 no. from South Circular Road, 1 no. from St. Catherine's Avenue and 1 no. from Donore

Avenue.

- viii. In the basement of PW2, 148 no. car parking spaces to serve the proposed build to rent apartments including 19 no. dedicated disabled parking spaces, 20 no. spaces reserved for a car sharing club ('Go Car' or similar) and 6 no. motorcycle spaces. 10% of parking spaces fitted with electric charging points.
- ix. in the basement of PW2, 81 no. car parking spaces (1,293 sq.m net floor area) including 5 no. dedicated disabled parking spaces, 3 no. motorcycle spaces and 10% of parking spaces fitted with electric charging points to facilitate future residential car parking associated with future development in the wider masterplan area and on lands contiguous with the masterplan lands. The use of this area for carparking is subject to receiving a separate development consent. An alternative use is proposed for this area (additional storage (cage/container) for residents of the proposed development) if the separate development consent is not secured.
- x. in the basement of PW2, use for 81 no. car parking spaces (1,293 sq.m net floor area) including 5 no. dedicated disabled parking spaces, 3 no. motorcycle spaces and 10% of parking spaces fitted with electric charging points to facilitate residential car parking associated with future development on neighbouring lands. The area will not be used for carparking without a separate grant of permission for that future development. In the alternative use for additional storage (cage/container) for residents of the proposed development.
- xi. 37 no. surface level car parking spaces including 3 no. disabled access and 3 no. creche set down spaces and 10% fitted with electric charging points. 2 no. loading bays and 2 no. taxi set-down areas.
- xii. development of internal street network including a link road (84m long x 4.8m wide) to the south of the proposed 'Players Park' on land owned by Dublin City Council that will provide connectivity between the former 'Bailey Gibson' site and the 'Player Wills' site.
- xiii. vehicular access will be provided via Donore Avenue with a one-way exit provided onto South Circular Road to the east of block PW1(the former factory building);
- xiv. replacement and realignment of footpaths to provide for improved pedestrian conditions along sections of Donore Avenue and South Circular Road and realignment of centreline along sections of Donore Avenue with associated changes to road markings;
- xv. a contra-flow cycle lane is proposed at the one-way vehicular exit to the east of PW1 (former factory building) to allow 2-way cycle movements via this access point;

- xvi. decommissioning of existing 2 no. ESB substations and the construction of 2 no. ESB substations and associated switch rooms, 1 no. single ESB substation in PW 1 (43.5 sq.m) and 1 no. double ESB substation in PW2 (68 sq.m);
- xvii. the construction of a waste and water storage building (combined 133 sq.m, height 4.35m) to the west of building PW1;
- xviii. all ancillary site development works; drainage, rooftop solar photovoltaics (20 no. panels total), landscaping, boundary treatment and lighting.

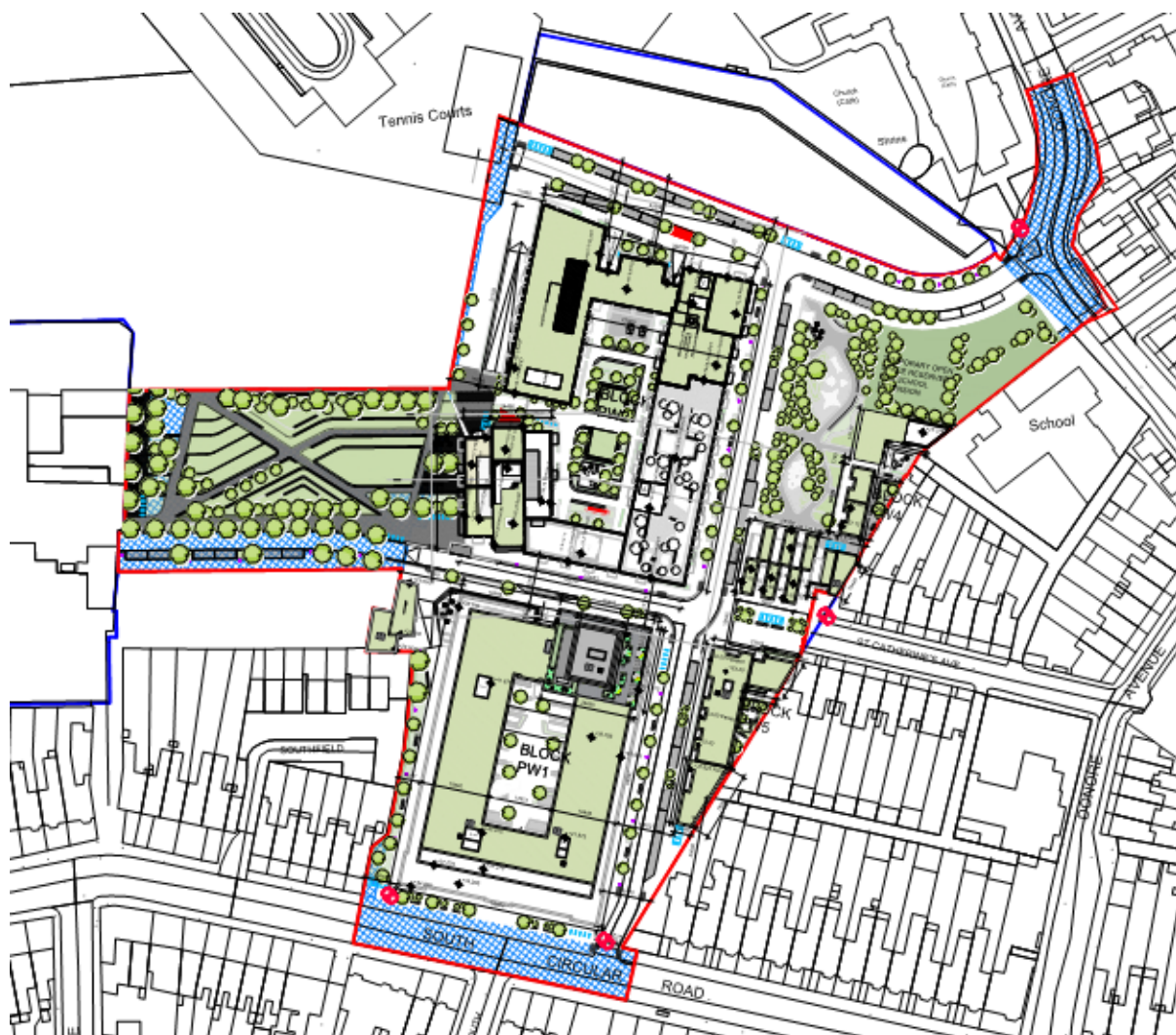


Figure 1 – Proposed Site Plan

3. PART L CONSERVATION OF FUEL & ENERGY – DWELLINGS

3.1. PART L 2019 (NZEB)

Part L 2019 (NZEB) of the Technical Guidance Document has been issued by the Minister for Housing, Planning, Community and Local Government. This document is the new standard for dwellings constructed from November 2019.

The Part L 2019 (NZEB) regulations set energy performance requirements to achieve Nearly Zero Energy Buildings performance as required by Article 4 (1) of the Directive for new buildings.

The definition of Nearly Zero Energy Buildings is defined as:

“Nearly zero-energy building’ means a building that has a very high energy performance, as defined in Annex 1. The nearly zero or very low amount of energy required should be covered to a very significant extent by energy from renewable sources, including energy from renewable sources produced on-site or nearby”.

For the Part L 2019 (NZEB) requirements, a Renewable Energy Ratio (RER) is to replace the Part L 2011 renewable requirements. A RER of 20% (ratio of total primary energy generated from renewable energy resources to total primary energy consumption) is required to achieve compliance.

In line with the requirements detailed within the Technical Guidance Document, renewable energy technologies are defined as technologies that derive their energy directly from a renewable energy source, such as:

- Solar Photo-Voltaic Systems;
- Solar Thermal System;
- CHP Units (Combined Heat & Power);
- Heat Pumps (Minimum COP of 2.5).

4. PART L CONSERVATION OF FUEL & ENERGY - BUILDINGS OTHER THAN DWELLINGS

4.1. LOCATION OF NON-RESIDENTIAL DEVELOPMENT

The non-residential aspects of the development will consist of amenity spaces within the residential apartment blocks including concierge, working from home areas and lounges, retail units along with the co-living and co-working aspects of the development.

4.2. PART L 2017 (NZEB)

The Part L 2017 (NZEB) building regulations is the new standard for all buildings other than dwellings constructed after 1st January 2019. The Part L 2017 (NZEB) regulations set energy performance requirements to achieve Nearly Zero Energy Buildings performance as required by Article 4 (1) of the Directive for new buildings. The definition of Nearly Zero Energy Buildings is defined as:

“Nearly zero-energy building’ means a building that has a very high energy performance, as defined in Annex 1. The nearly zero or very low amount of energy required should be covered to a significant extent by energy from renewable sources, including energy from renewable sources produced on-site or nearby”.

For new buildings other than dwellings, the Part L 2017 (NZEB) requirements shall be met by:

- a) providing that the energy performance of the building is such as to limit the calculated primary energy consumption and related Carbon Dioxide (CO₂) emissions to a Nearly Zero Energy Building level insofar as is reasonably practicable, when both energy consumption and Carbon Dioxide emissions are calculated using the Non-domestic Energy Assessment Procedure (NEAP) published by Sustainable Energy Authority of Ireland (1.0 for EPC and 1.15 for CPC);
- b) providing that, the nearly zero or very low amount of energy required is covered to a very significant extent by energy from renewable sources produced on-site or nearby;
- c) limiting the heat loss and, where appropriate, availing of the heat gains through the fabric of the building;
- d) providing and commissioning energy efficient space heating and cooling systems, heating and cooling equipment, water heating systems, and ventilation systems, with effective

controls;

- e) ensuring that the building is appropriately designed to limit need for cooling and, where air-conditioning or mechanical ventilation is installed, that installed systems are energy efficient, appropriately sized and adequately controlled;
- f) limiting the heat loss from pipes, ducts and vessels used for the transport or storage of heated water or air;
- g) limiting the heat gains by chilled water and refrigerant vessels, and by pipes and ducts that serve air conditioning systems;
- h) providing energy efficient artificial lighting systems and adequate control of these systems;
- i) providing to the building owner or occupants sufficient information about the building, the fixed building services, controls and their maintenance requirements so that the building can be operated in such a manner as to use no more fuel and energy than is reasonable.

Renewable Energy Ratio (RER):

This is the most significant change introduced as part of the Part L 2017 (NZEB) regulations for commercial buildings. Some of the main performance requirements are as follows:

- The new regulations will require a significant level of energy provision be provided onsite or nearby by renewable energy technologies, e.g. solar energy (thermal and photovoltaic), air and exhaust air source heat pumps, combined heat and power, biomass boiler, etc.
- The current NZEB definition does not allow the renewable requirement to be met through the purchase of off-site green electricity.
- There are two routes in achieving compliance with the renewable target:
 - Route 1 = If the Part L compliance is achieved with no tolerance (0% margin), 20% of the building's energy use must be provided by onsite / near site renewable technologies.
 - Route 2 = If the Part L compliance is achieved with a minimum of 10% margin, then 10% of the building's energy use must be provided by onsite / near site renewable technologies. To achieve the 10% margin, the building envelope, lighting and M&E specification will likely have to be improved above minimum requirements.

5. PART F VENTILATION

This report is primarily focused around achieving compliance with Part L of the building regulations, but in doing so, the ventilation systems proposed must also comply with Part F (Ventilation) of the Technical Guidance Documents (TGD).

The TGD Part F 2019 document revolves around two requirements as outlined below:

Means of ventilation.

- *F1 – Adequate and effective means of ventilation shall be provided for people in buildings.
This shall be achieved by:*
 - a) *Limiting the moisture content of the air within the building so that it does not contribute to condensation and mould growth, and*
 - b) *Limiting the concentration of harmful pollutants in the air within the building.*

Condensation in roofs.

- *F2 - Adequate provision shall be made to prevent excessive condensation in the floor or in a roof void above an insulated ceiling.*

The proposed development will be designed to achieve compliance with Part F of the building regulations.

6. BUILDING ENERGY RATING (BER)

As of 1st July 2009, all newly built domestic and non-domestic buildings and existing buildings that are for sale or rent require a BER (Building Energy Rating) certificate.

The actual building energy rating is based on the primary energy used for one year and is classified on a scale of A1 to G with A1 being the most energy efficient. It also provides the anticipated carbon emissions for a year of occupation based on the type of fuel that the building systems use. The following determines the extent of primary energy consumption within the building:

- Building type (office, retail, etc.);
- Building orientation;
- Thermal envelope (insulation levels of the façade, roofs, ground floor etc);
- Air permeability (how much air infiltrates into the building through the façade);
- Heating systems (what type of plant is used and how efficient it is);
- Cooling systems (what type of plant is used and how efficient it is);
- Ventilation (what form of ventilation is used - natural ventilation, mixed mode mechanical ventilation);
- Fan and pump efficiency (how efficient are the pumps and fans);
- Domestic hot water generation (what type of plant is used and how efficient it is); and
- Lighting systems (how efficient is the lighting).

The areas identified above will be described within this report and categorised under three main headings through “The Energy Hierarchy Plan”. i.e. Be Mean, Be Lean, Be Green.

7. THE ENERGY HIERARCHY PLAN

Through the specification of an energy efficient façade and HVAC systems, the energy consumption of a building will be reduced compared to a set baseline. This ensures the environmental and economic impact of the operation of the building is reduced.

The key steps in the Energy Hierarchy Plan are outlined as follows:

1. The key philosophy of this plan is to first reduce energy demand by improving the building's thermal envelope, increasing air tightness, improving thermal transmittance and applying passive design techniques.
2. The second step is to utilise energy in the most efficient way through the selection and installation of energy efficient plant and equipment.
3. The final step is to introduce energy from renewable sources to reduce the burden on fossil fuels.

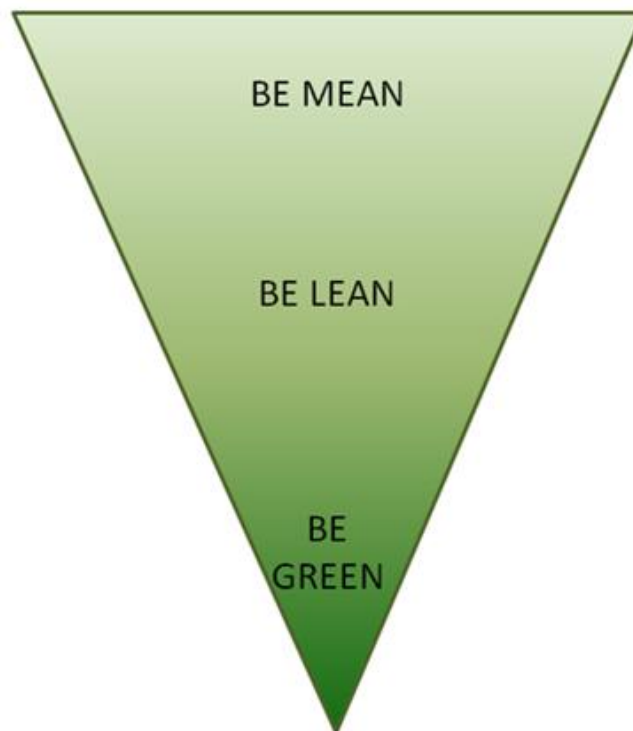


Figure 2 – Energy Hierarchy Plan

7.1. STEP 1 (BE MEAN) – USE LESS RESOURCES

The following measures will be implemented to reduce the energy consumption of the proposed development:

- High performance U-values;
- Improved air tightness; and
- Improved thermal transmittance and thermal bridging design.

7.1.1. HIGH PERFORMANCE U-VALUES

To limit the heat loss through the façade, careful consideration must be shown when designing the external façade. The specification of the insulation utilised, and the continuity of insulation are crucial. Insulation slows the rate at which heat is lost to the outdoors. Heat flows in three ways: by conduction, convection and radiation.

The targeted maximum average elemental U-Values for both the residential and non-residential aspects of the proposed development are outlined in Table 3 and Table 4 below.

Fabric Element	Player Wills Phase 2 - Residential Maximum Average Elemental U-value (W/m ² .K)
Above & Below Grade External Walls	0.18
Flat Roof	0.18
Ground Contact & Exposed Floor	0.18
External Windows & Doors	1.20

Table 3 – Residential Building Envelope Thermal Performance Targets

Fabric Element	Player Wills Phase 2 - Non-Residential Maximum Average Elemental U-value (W/m ² .K)
Above & Below Grade External Walls	0.21
Flat Roof	0.20
Ground Contact & Exposed Floor	0.21 (0.15 if underfloor heating installed)
External Windows & Doors	1.40

Table 4 – Non-residential Building Envelope Thermal Performance Targets

7.1.2. AIR TIGHTNESS

One major contributing factor to unnecessary heat loss is infiltration. Infiltration is the air leakage of external air into a building due to the pressure difference associated with internal and external temperatures.

It is intended that the residential and non-residential development will both target an air permeability rate of $3 \text{ m}^3/\text{hr}/\text{m}^2 @ 50 \text{ Pa}$.



Figure 3 – Typical Air Leakage Paths

7.1.3. THERMAL TRANSMITTANCE

Thermal bridges occur where the insulation layer is penetrated by a material with a relatively high thermal conductivity and at interfaces between building elements where there is a discontinuity in the insulation. The development will be designed to achieve low thermal bridging values throughout. A Y value of $\leq 0.05 \text{ W}/\text{m}^2\text{K}$ will be targeted for the residential development.

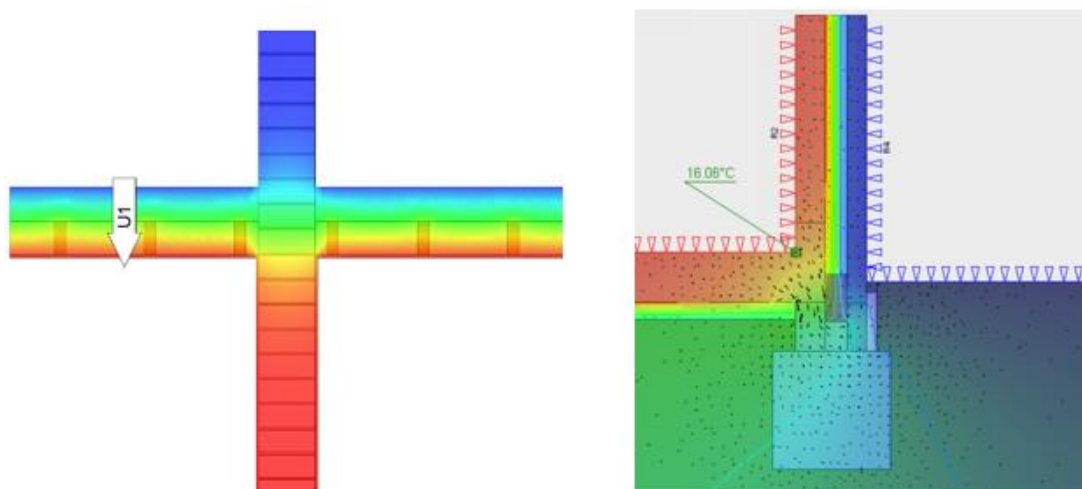


Figure 4 – Typical Thermal Bridging Details

7.1.4. OVERHEATING ANALYSIS

Due to factors such as climate change, population increase and construction of high-rise buildings there has been an increase in high internal temperatures. Overheating of buildings can be extremely uncomfortable for the occupant and can ultimately lead to costly mitigation measures.

Residential:

The proposed Player Wills Phase 2 residential development will be evaluated and analysed with respect to overheating as outlined in Part L 2019 (NZEB) and CIBSE TM59 (Design Methodology for the Assessment of Overheating Risk in Homes).

Non-Residential:

The proposed Player Wills Phase 2 non-residential development will be evaluated and analysed with respect to overheating as outlined in Part L 2017 (NZEB) and CIBSE TM52 (Limits of Thermal Comfort: Avoiding Overheating in European Buildings).

7.1.5. PASSIVE DESIGN

The proposed façade has been designed to limit the effects of unnecessary solar gains during the summer-time period. The image below illustrates the design intent to provide local shading utilising the building structure which allows glazing areas to be maximised, where required.

This balance of shading and maximised glazing areas provides both enjoyable and interesting workspaces, full of natural light and without undue solar gains in summertime. The shading coefficient of the glazing units has also been optimised to limit unnecessary solar gains, while allowing as much natural daylight to enter the building as possible.



Figure 5 – Optimised Façade Design

7.2. STEP 2 (BE LEAN) – USE RESOURCES EFFICIENTLY

To maximise the effectiveness of changes to the construction, it is important to use the energy sources within the building as efficiently as possible.

7.2.1. LOW ENERGY PLANT - RESIDENTIAL

To improve the overall energy efficiency of the residential aspect of the development, plant is to be selected based on performance and energy efficiency.

Space Heating: The following plant will serve space heating requirements:

- Electric Panel Heaters

Domestic Hot Water: The following plant will serve DHW requirements:

- Air Source Heat Pumps (ASHP)

Ventilation: Ventilation will be achieved through the following:

- Mechanical Ventilation and Heat Recovery



Figure 6 – Typical Air-Source Heat Pump with electric panel heaters arrangement

7.2.2. LOW ENERGY PLANT – NON-RESIDENTIAL

To improve the overall energy efficiency of the non-residential aspect of the development, plant is to be selected based on performance and energy efficiency.

Space Heating: The following plant will serve space heating requirements:

- Air Source Heat Pumps (ASHP)

Domestic Hot Water: The following plant will serve DHW requirements:

- Air Source Heat Pumps (ASHP)

Space Cooling: The following plant will serve space cooling requirements:

- Natural ventilation where possible, and/or
- Air Source Heat Pumps (ASHP)

Ventilation: The proposed ventilation strategy for the building will be natural ventilation where possible and/or mechanical ventilation. The mechanical ventilation system will be a high efficiency, variable speed drive system that also incorporates heat recovery and CO₂ control.

Variable Speed Drives (VSDs): Variable speed drive motors are to be fitted to all fans and pumps servicing all HVAC systems. Standard fans and pumps operate at a constant speed to meet maximum demand even though only half the building may be occupied. VSDs have the ability to ramp up or down depending on the load requirements, making this the most efficient auxiliary system to install.

7.2.3. LIGHTING

The design intent for internal lighting design is to introduce artificial lighting in all applicable areas. Energy efficient light fittings will be installed throughout. The design of the building façade also allows high levels of natural daylight to enter into occupied zones.

7.2.4. ONGOING MONITORING

A BEMS (Building Energy Management System) system is to be installed to monitor the use of all major systems in the building. The BEMS system is a graphical interface that allows the facilities/building manager to monitor and control all systems throughout the building.

7.3. STEP 3 (BE GREEN) – USE OF RENEWABLE TECHNOLOGIES

The following renewable technologies are being considered for implementation in the Player Wills Phase 2 Development.

7.3.1. AIR SOURCE HEAT PUMP

Air source heat pumps convert energy from the air to provide heat and hot water for buildings. They are powered by electricity and are highly efficient. The air source heat pump is located outside in the open air and it uses a fan to draw air across it. This air then flows over a heat exchanger, which contains a refrigerant liquid. An evaporator uses the latent heat from the air to heat the refrigerant sufficiently until it boils and turns to a gas. This gas is then compressed which causes a significant rise in temperature. An additional heat exchanger removes the heat from the refrigerant which can then be used as useful heat within the dwelling.

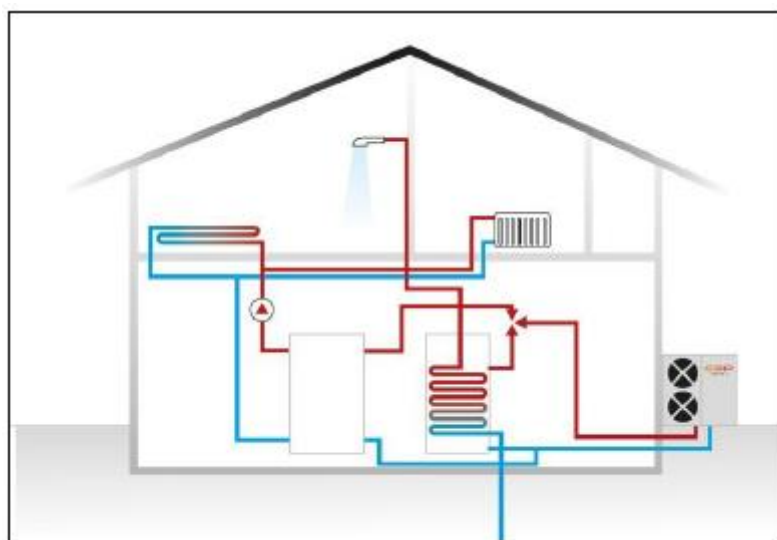


Figure 7 – Air-Source Heat Pump Diagram

7.3.2. SOLAR PHOTOVOLTAICS

Photovoltaic (PV) Panels convert the solar radiation into electricity, which can be connected to the mains supply of a dwelling. The panels are placed on the roof and are most efficient with an incline angle of 30°.

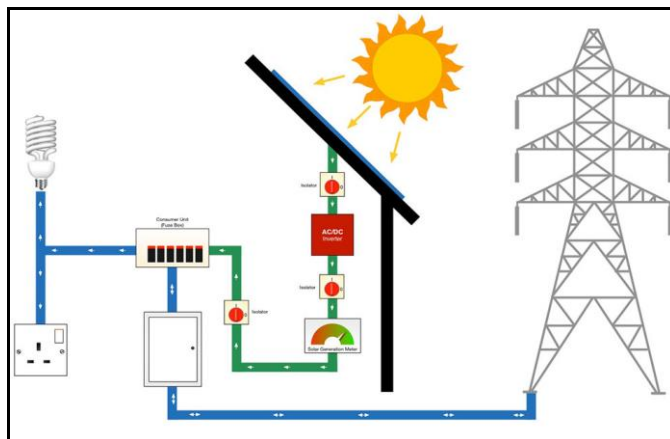


Figure 8 – Solar PV Diagram

7.3.3. VRF HEAT PUMPS

Variable Refrigerant Flow systems utilise heat pumps in order to provide space heating as well as space cooling. These systems are capable of serving multiple zones with different heating and cooling requirements and they can modulate their output according to zone requirements, increasing system efficiencies and reducing the energy demand of these systems.

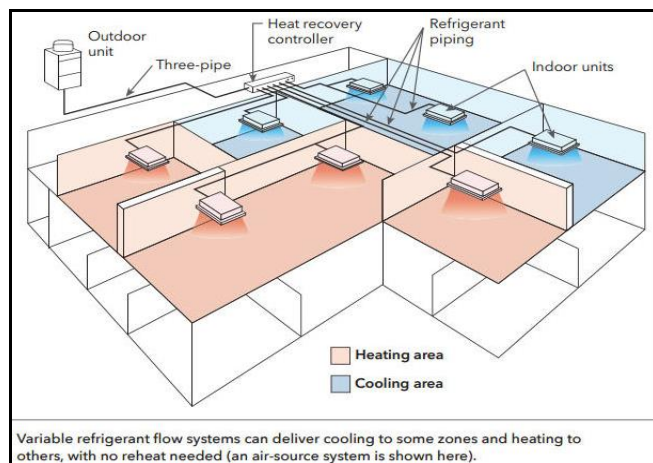


Figure 9 – Typical VRF Schematic Diagram

8. KEY SUSTAINABLE FEATURES

The location of the Player Wills Phase 2 Development provides availability to alternative modes of transportation, use of water efficient fixtures, consideration for materials and resources and indoor environmental quality for the building occupants.

8.1. LOCATION AND TRANSPORTATION

The proposed development will offer occupants travelling to and from the building alternative modes of transport other than the need to rely on a car. Developing in an area that has strong public transport nodes offers users the opportunity to travel to and from the site using alternative modes of transport.

The following figures identify the local Luas stops, Dublin bus stops, bicycle lanes and local car sharing locations and their proximity to the proposed development.



Figure 10 – Local Luas and Dublin Bus Stops

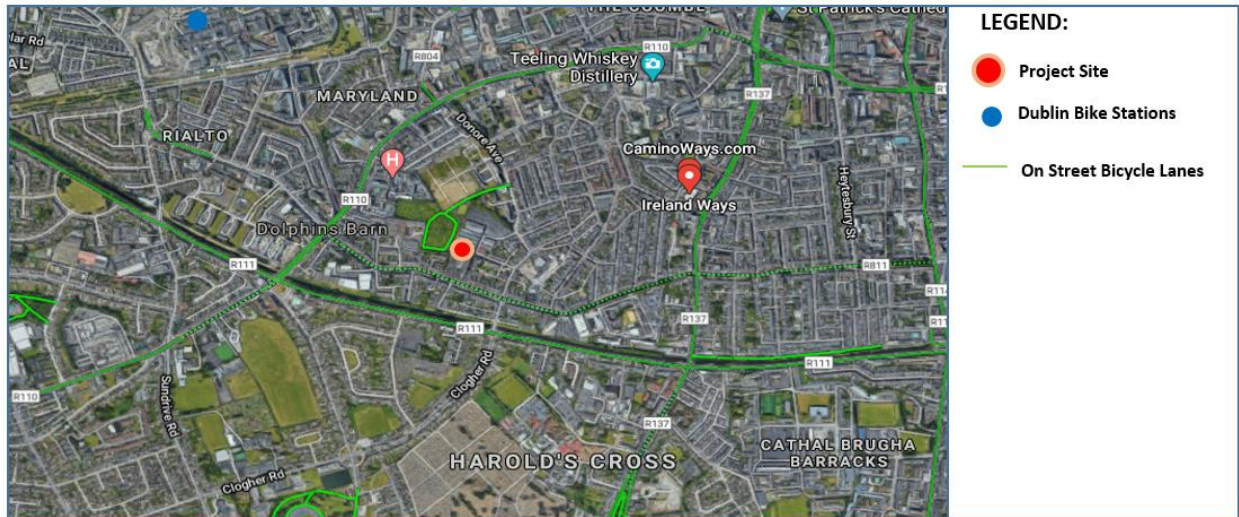


Figure 11 – Local Bicycle Lanes and Dublin Bike Stations

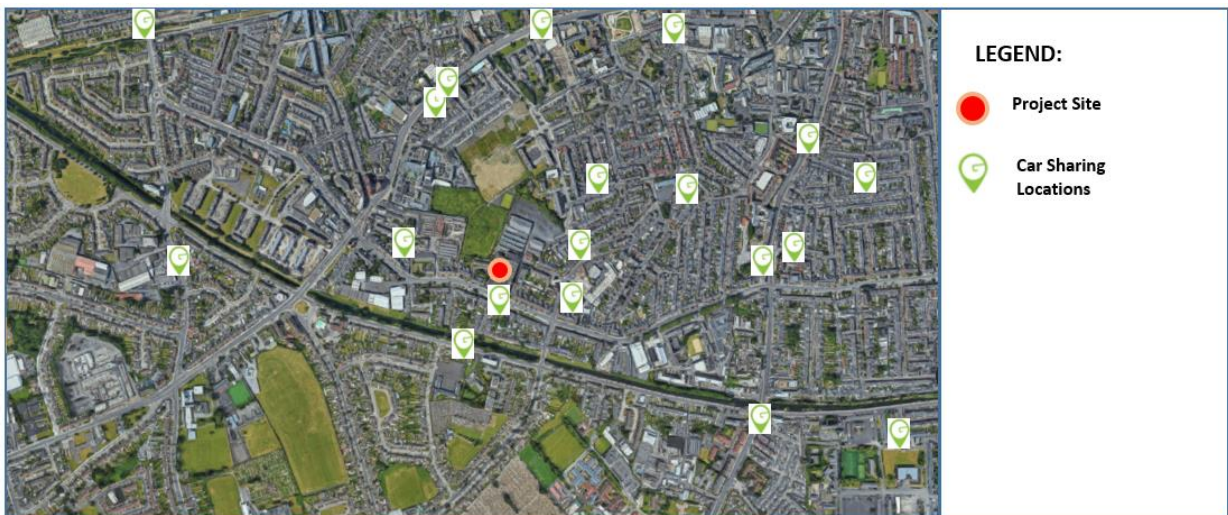


Figure 12 – Local Car Sharing Locations

8.2. COMMISSIONING

To ensure efficient operation of the building all systems will be commissioned. Commissioning of a building's systems ensures that the sustainable energy-design can be fully realised, with fewer operational issues during the building's lifetime. Building users' productivity improves and operational costs decrease also.

8.3. MATERIALS AND RESOURCES

The building will be designed and operated with the aim of a reduction in waste generation through construction and operation. Where possible waste streams will be separated on site and recycled or re-used. Where possible local materials will be specified, and in addition materials that contain recycled content will be considered as preferable.

8.4. WATER EFFICIENCY

With increasing costs associated with potable water use, the proposed development will incorporate measures to reduce water usage through the appropriate selection of low consumption sanitary fittings, leak detection systems and water monitoring facilities.

8.5. BICYCLE FACILITIES

Cycling offers a sustainable alternative to personal vehicle use, which reduces gas and particulate emissions, noise pollution and also congestion in busy urban areas. The proposed development will provide private bicycle spaces for tenants/occupants.

8.6. INDOOR ENVIRONMENTAL QUALITY

As part of the sustainable design strategy, consideration of occupants and staff will be an integral part of the design process. As the productivity and well-being of building users depends strongly on the quality of the indoor environment, the following aspects will be addressed:

- Adequate ventilation and filtration;
- Low-emitting materials; and
- Natural daylight and views to the external environment.

9. CONCLUSION

A holistic sustainable approach been adopted by the design team for the proposed Player Wills Phase 2 Development located at South Circular Road, Dublin 8. Through detailed design, a number of sustainability and efficiency features have been considered throughout.

The proposed residential development will comply with Part L 2019 (NZEB), as well as targeting an A2/A3 BER, while the proposed non-residential development will comply with Part L 2017 (NZEB), as well as targeting an A3 BER. The optimised approach is based on the Energy Hierarchy Plan - Be Mean, Be Lean, Be Green.

Be Mean

- The façade performance specification has been optimised to limit heat loss, improve air tightness and thermal transmittance and to maximise natural daylight.

Be Lean

- High efficiency central plant will be specified where applicable to take advantage of the optimised façade design measures that have been introduced.
- A low energy lighting design will be utilised to further reduce energy consumption and increase occupant thermal comfort.

Be Green

- Renewable energy technologies such as Air Source Heat Pumps, Solar PV and Variable Refrigerant Flow will be considered for implementation.

A number of sustainable design features have been considered within the design to achieve the sustainability targets of the proposed refurbishment. These include:

- The proximity of the development to public transportation networks;
- Water efficiency measures such as low consumption sanitary fittings; and
- Improved indoor environmental quality.

This report confirms that if the energy and sustainability strategy is successfully implemented, the proposed Player Wills Phase 2 Development will satisfy all Part L and BER requirements.



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